

Run Walk & Roll – 2016 Race Results

5K - Women's 13 & Under

1st	Van Kekerix, Kinzie (#86)	F 11	Orange City, IA	0:33:29.58
2nd	Strouth, Reese (#64)	F 12	Sheldon, IA	0:35:14.47
3rd	Johnson, Claire (#90)	F 11	Sheldon, IA	0:35:14.87

5K - Women's 14 - 19

1st	Castillo, Azucena (#94)	F 18	May City, IA	0:25:48.01
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5K - Women's 20 - 29

1st	Waterstone, Sam (#21)	F 28	Sanborn, IA	0:25:19.83
2nd	Taylor, Samantha (#77)	F 26	Marcus, IA	0:28:43.50
3rd	Driesen, Shea (#52)	F 21	Sheldon, IA	0:29:14.49

5K - Women's 30 - 39

1st	Jager, Erica (#9)	F 33	Sheldon, IA	0:27:21.22
2nd	Christoffel, Gina (#14)	F 31	Granville, IA	0:27:46.29
3rd	Weiler, Robin (#7)	F 32	Ankeny, IA	0:29:23.50

5K - Women's 40 - 49

1st	Wynja, Melanie (#75)	F 43	Sheldon, IA	0:26:23.54
2nd	Mouw, Melissa (#25)	F 41	Sheldon, IA	0:27:20.90
3rd	Natterstad, Tina (#82)	F 47	Estherville, IA	0:28:56.40

5K - Women's 50 - 59

1st	Taylor, Bobbi (#76)	F 55	Marcus, IA	0:25:24.19
2nd	Van Grouw, Gail (#83)	F 54	Orange City, IA	0:29:02.96
3rd	Kamphoff, Sandy (#15)	F 57	Sheldon, IA	0:29:46.50

5K - Women's 60 - 69

1st	Stallmann, Julie (#6)	F 64	Sheldon, IA	0:49:37.94
2nd	Schemper, Dianne (#72)	F 64	Sheldon, IA	0:54:45.13

5K - Women's Overall

1st	Waterstone, Sam (#21)	F 28	Sanborn, IA	0:25:19.83
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5K - Men's 13 & Under

1st	Johannes, Cason (#93)	M 12	Sheldon, IA	0:24:21.82
2nd	Mouw, Ethan (#30)	M 12	Sheldon, IA	0:26:16.46
3rd	Strouth, Gavin (#65)	M 10	Sheldon, IA	0:29:12.48

5K - Men's 14 - 19

1st	Buenger, Matthew (#37)	M 19	Sheldon, IA	0:20:57.90
2nd	Kraft, Alex (#47)	M 17	Sheldon, IA	0:41:15.95
3rd	Kraft, Carter (#45)	M 14	Sheldon, IA	0:52:35.48

5K - Men's 20 - 29

1st	Waterstone, Mark (#22)	M 26	Sanborn, IA	0:23:46.75
2nd	Cargin, Tim (#27)	M 27	Sheldon, IA	0:23:54.62
3rd	Vant Hul, Jamison Vant Hul (#71)	M 23	South Sioux City, NE	0:24:03.22

5K - Men's 30 - 39

1st	Allen, Carl (#81)	M 30	Sheldon, IA	0:21:39.30
2nd	Van Beek, Ben (#54)	M 35	Sheldon, IA	0:23:10.71
3rd	Jonas, Justin (#55)	M 33	Sheldon, IA	0:24:25.98

5K - Men's 40 - 49

1st	Oostra, Matt (#100)	M 40	Rock Valley, IA	0:19:31.40
2nd	Kraft, Brent (#46)	M 44	Sheldon, IA	0:25:22.83
3rd	Wynja, Scott (#74)	M 45	Sheldon, IA	0:26:48.07

5K - Men's 50 - 59

1st	Drenkow, Steve (#49)	M 51	Sheldon, IA	0:19:12.64
2nd	Ten Haken, Kevin (#66)	M 53	Boyden, IA	0:25:25.33
3rd	Whitsell, Barry (#56)	M 52	Sheldon, IA	0:29:38.17

5K - Men's 60 - 69

1st	Mills, Alan (#34)	M 60	Sioux Rapids, IA	0:22:04.02
2nd	Houseman, Rick (#43)	M 62	Estherville, IA	0:32:01.20
3rd	Krumm, Keith (#101)	M 66	Sheldon, IA	0:42:25.74

5K - Men's 70 & Over

1st	Beltman, Elmer (#18)	M 87	Sheldon, IA	0:47:46.78
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5K - Men's Overall

1st	Drenkow, Steve (#49)	M 51	Sheldon, IA	0:19:12.64
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10K - Women's 20 - 29

1st	Hoekstra, Ashtyn (#385)	F 24	Sheldon, IA	0:57:21.76
2nd	Altman, Amanda (#386)	F 28	Ocheyedan, IA	1:00:36.77
3rd	Reinders, Mandi (#391)	F 25	Orange City, IA	1:10:23.04

10K - Women's 30 - 39

1st	Prins, Alyssa (#375)	F 36	Sibley, IA	0:50:41.99
2nd	Kauffman, Kelli (#383)	F 36	Sibley, IA	0:56:29.56
3rd	George, Meg (#378)	F 34	Sheldon, IA	0:57:52.82

10K - Women's 40 - 49

1st	Schreurs, Shannon (#380)	F 41	Sheldon, IA	0:45:11.45
2nd	Weaver, Sheila (#376)	F 48	Sutherland, IA	0:49:38.80

10K - Women's 50 - 59

1st	Van Marel, Kathy (#371)	F 58	Orange City, IA	0:59:37.19
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10K - Women's Overall

1st	Schreurs, Shannon (#380)	F 41	Sheldon, IA	0:45:11.45
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10K - Men's 13 & Under

1st	Reiman, Noah (#387)	M 13	Spencer, IA	0:49:40.74
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10K - Men's 30 - 39

1st	Karr, John (#374)	M 36	Hospers, IA	0:52:20.91
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10K - Men's 40 - 49

1st	Schreurs, Micah (#390)	M 41	Sheldon, IA	0:44:19.22
2nd	Robyn, Brian (#372)	M 47	Orange City, IA	0:57:41.31

10K - Men's 50 - 59

1st	St.Clair, Cliff (#382)	M 57	Sheldon, IA	0:47:21.73
2nd	Gonzalez, Bernardo (#377)	M 55	Boyden, IA	0:56:07.27

10K - Men's 60 - 69

1st	Vander Griend, Dr. Harlan (#388)	M 64	Sheldon, IA	0:50:24.52
2nd	Appleton, Lowell (#373)	M 60	Sanborn, IA	0:55:05.86

10K - Men's 70 & Over

1st	Wiertzema, Verdean (#392)	M 75	Boyden, IA	1:11:43.83
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10K - Men's Overall

1st	Schreurs, Micah (#390)	M 41	Sheldon, IA	0:44:19.22
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